

DONATING A KIDNEY IS A

LIFE

CHANGING

EXPERIENCE



Living kidney donors Hilary and Sophia



The **National Kidney Donation Organization** can help you figure out if it's right for you.

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In 2016, my husband Peter woke up one day and told me he wanted to donate a kidney to a stranger. We were both over 60 at the time. Long

story short, the morning after Peter's surgery, his recipient's husband asked me, **“Do you realize Peter gave me my family back?”**

That statement hit me hard. Two years later, I helped two people receive kidneys: one from me directly and another through the voucher program. **If I could spare another kidney, I'd donate it tomorrow!**

NKDO mentor Betsy and her husband Peter each donated a kidney—and changed multiple lives.



Thousands of Americans die every year while waiting for a deceased donor kidney. You can make a profound difference by choosing to be a living donor for a loved one, acquaintance or even a stranger.

NKDO mentor Josiah donated a kidney to a stranger in 2022.



I had never met a kidney donor, recipient or even someone with kidney disease before deciding to become a living kidney donor.

This decision started in my head but has since moved to my heart. **I knew that donating would help my transplant recipient. But I didn't know how rewarding the experience would be for me.**



Healthy people only need 1 kidney to live a normal, full life.



Kidney donors pay nothing for medical evaluation or surgery.



Donors generally spend 1 to 3 nights in the hospital and most are back to work within 2 to 6 weeks. Many donors are eligible for reimbursement for donation-related expenses including lost wages, travel and childcare.



Voucher programs make the donation process more convenient for donors and give kidney patients the best chance for a longer, healthier life.

**Learn what it takes to be a living kidney donor:**

[nkdo.org/faqs](https://nkdo.org/faqs)

NKDO mentor Trish donated a kidney to her best friend in 2016.



Not only did I save Kimberly's life, but she also blessed me with a life-altering gift.

Thanks to her, my own lifestyle has taken a healthier turn, and **I've become a passionate advocate for organ donation, especially within multicultural communities.**

# NKDO

National Kidney Donation Organization

*Providing living kidney donors  
with trusted guidance grounded  
in real-world experience.*

Get the facts on  
living kidney donation:  
[nkdo.org/faqs](https://nkdo.org/faqs)

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